



Our natural and organic gourmet deli menu caters to both vegans and omnivores. Any sandwich can be made gluten-free on request. We use ultra pure reverse osmosis water and shameless love in our food preparation.

OPEN DAILY 7am-11pm

✓check our menu board or twitter or just give us a call 4 specials.

☺ **CATERING**
AVAILABLE, TOO!☺

Our meats come from Applegate Farms and are antibiotic, hormone, gluten and casein free. You can substitute any meat or cheese with our vegan options. The meat alternatives are non-GMO. The produce is organic. Our greens come from Kenter Canyon Farms. The breads are fresh, natural, vegan and made locally. All of our deli packaging & service ware is biodegradable & commercially compostable.

**5825 franklin avenue
los angeles, ca 90028
phone: 323-466-1360
www.localiyours.com
info@localiyours.com
twitter: @locali**

HOT & SEXY PANINI SANDWICHES

The Franklin Phenomenon – full \$9.25, half \$4.69
turkey, monterey jack, spinach, tomato & red onion slathered with chipotle sauce on pretzel bread.

The South Philly Slide – full \$9.75, half \$4.89
roast beef, green bell peppers, onion & provolone on sourdough.

The Wayward Pilgrim - full \$9.75, half \$4.89
turkey, swiss, crushed walnuts, spinach, raspberry jam, dijon mustard & red onion on six-grain.

The Fugeddaboutit – full \$9.25, half \$4.69
smoked chicken, eggplant tapenade, tomato & provolone on sourdough.

The ExtraVeganza – full \$8.95, half \$4.59
grilled vegetables, fresh spinach & artichoke tapenade on six-grain.

The Silverfin – full \$10.25, half \$5.19
gourmet tuna salad with pine nuts topped with cheddar & tomato on swirl rye.

COLD & COMFORTING SANDWICHES

The Loaded Homer – full \$9.95, half \$4.99
roast beef, chicken, turkey & monterey jack topped with lettuce, tomato & stone ground mustard on pretzel bread.

The Daybreaker – full \$ 9.75, half \$4.89
chicken, sharp cheddar, spring mix, avocado, red onion, honey mustard & Miso Mayo on six-grain.

The Big Sur – full \$9.75, half \$4.89
roast beef, swiss cheese, & arugula with horseradish spread on swirl rye.

The Peaceful Warrior – full \$9.75, half \$4.89
turkey, swiss, arugula, red pepper, mango chutney, curry spread on pretzel bread.

The Hungry, Hungry Hippy – full \$8.50, half \$4.29
red pepper hummus, arugula, tomato, cucumber & red onion on six-grain.

The ToFegg Salad Sammy – full \$8.25, half \$4.19
homemade vegan tofu “egg” salad, romaine & tomato on six-grain.

The TLC – full \$10.25, half \$5.19
gourmet tuna salad with pine nuts topped with romaine & cucumber on swirl rye.

The Vegan BLT – full \$8.95, half 4.59
tempeh bacon, lettuce, tomato, stone ground mustard & vegan mayo on lightly toasted sourdough bread.

AWESOME ARTISAN SANDWICHES

The Little Italy - \$10.55
choice of our handmade turkey or vegan tempeh meatballs topped with provolone or vegan cheese & homemade marinara sauce on warm foccacia.

The Unchicken Parm – \$ 9.95
faux chicken breast smothered with homemade marinara sauce & homemade vegan parmesan cheese spread on warm foccacia.

The Faux Chicken Salad - \$9.25
homemade rosemary faux chicken salad, spring mix on six grain.

The Vegetarian Reuben - full \$9.75
marinated tofu deli slices topped with swiss cheese, sauerkraut & smothered with our delicious homemade vegan russian dressing.

BEYOND BREAKFAST SANDWICHES

The Log Cabin - \$7.25
smoked chicken, sliced apple, swiss cheese, & maple syrup on a butter croissant.

The Sprouted Hemp - \$5.95
choice of garden vegetable or vegan cream cheese with tomato, cucumber, mixed greens & onion between a sprouted hemp bagel.

The Vegan Brekkie Burrito - \$7.95
multi-grain tortilla stuffed with scrambled tofu, vegan cheese, black beans, bell pepper & red onion topped with mesquite salsa, black olives, vegan sour cream & avocado.

COMBOS & ADDITIONS & SIDES

Sandwich Combo - \$ 9.95
half sandwich with your choice of a cup of soup, small salad or deli side.

Customize Your Sandwich -

- extra meat or vegan bacon - \$ 1.25
- extra cheese - \$1.00
- extra fixing, topping or spread – \$0.50
- avocado - \$0.75
- make your sandwich **VEGAN** or **GLUTEN-FREE**
 - no charge for meat substitution
 - no charge for cheese substitution
 - add \$0.75 for gluten-free bread

OUR SAVORY SOUPS

soup of the day - cup \$3.95; bowl \$5.95
vegan chili with organic crackers - \$ 6.25

BOMB BAKED POTATOES

The Basic Baked – \$1.99
vegan, soy-free butter spread, chives, salt & pepper on an organic baked potato.

Fully Loaded Toppings – \$0.50 each
vegan sour cream, black olives, red onion, tomato, spinach, salsa, bell pepper, nutritional yeast, vegan bacon bits, vegan or dairy cheddar, mango chutney, eggplant tapenade, artichoke tapenade & grilled veggies

SATISFYING SALADS & SUCH

made with Kenter Canyon Greens

wrap it in multi-grain tortilla or three spring rolls for \$0.75 extra

Mediterranean Sampler – \$8.95

red pepper hummus, tabouli, red cabbage coleslaw & toasted pita

The Scoop – \$9.75

a scoop of our gourmet tuna or faux chicken salad with tomato wedges on a bed of mixed greens.

The Southwest – \$9.50

quinoa, black beans, avocado, bell pepper and tomato on a bed of spinach with chipotle dressing.

The Gazebo – \$9.25

chopped grilled zucchini, eggplant, bell peppers & onions tossed with mixed greens, walnuts, goat cheese & balsamic vinaigrette.

Bliss ala Hemp Salad – \$8.95

bed of mixed greens topped with red cabbage coleslaw, avocado, sprouted hemp tortilla shreds & goddess dressing.

Boss' KO Kale Salad – \$10.25

kale rubbed with olive oil, lemon & sea salt & served...
naughty - sundried tomatoes, pine nuts & cayenne **OR**
nice – massaged kale, cranberries, pine nuts & bit of agave

Deli Sides – S - \$2.75, M - \$4.75, L - \$6.75, 3 side combo - \$8.95

red cabbage coleslaw, potato salad, edamame black bean salad, teriyaki tofu, tabouli, pasta salads & daily side specials!

The Greek Goddess – \$8.95

cucumbers, tomatoes, olives, feta, bell pepper & cabbage marinated in lemon vinaigrette on romaine.

The Spinach Patch – \$9.75

spinach tossed with cranberries, toasted walnuts & goat cheese with pomegranate vinaigrette.

The Asian Sensation – \$8.95

crisp romaine, marinated tofu, almonds, cucumber, celery, mandarin oranges in sesame vinaigrette.

The Gondola – \$9.50

arugula, chopped tomatoes, capers, parmesan cheese drizzled with balsamic basil vinaigrette.

COFFEE, TEA OR LOCALI

cafecito organico –sm \$1.75, lrg \$2.25; also available by pound hot, fair trade, organic, locally roasted coffee.

iced coffee - 16oz \$2.79, 24 oz \$3.99

wild-harvested yerba mate – sm \$1.99; lrg \$2.49

iced mate spritzer (see menu board for flavors)– 16oz \$3.49

iced tea – 16oz \$1.99; 24oz \$2.79

organic rice, hemp or soy milk – 12oz \$1.99

organic agave-sweetened lemonade - 16oz \$3.99, 24oz \$4.49

fresh squeezed organic OJ - 12oz \$3.49

organic sunrise smoothie – 16oz \$5.49

organic cultured soy yogurt, organic orange juice, vanilla coconut milk, ultra pure reverse osmosis ice & banana.

smoothie of the day – 16oz \$5.49

smoothie enhancers - \$1.50 each

flax meal, spirulina, chia seeds, hemp protein powder, goji berries, maca, wheat grass powder, kale, almond butter, cocoa nibs, kombucha, matcha green tea powder.

The Slushie - sm \$3.89, med \$4.59, lrg \$5.49

made with local artisan agave-sweetened ginger & fruit juice.

FOR KIDS & KIDS @ HEART

*grilled cheese – \$4.99 *nut butter & jam sandwich - \$4.99

*toast & raspberry jam - \$2.49 *pita pizza – \$5.99

*warm gluten-free bread sticks w/ marinara sauce - 5 for \$ 5.49

*organic hot pretzel & organic stone ground mustard -2.50

*organic sno cone - made with your choice of deliciously flavored *organic brown rice or xylitol sweetened syrups & reverse osmosis water ice.

1 flavor \$2.75, 2 flavors \$3.25

*** check out our shelves for remarkable sustainably produced wines, unique organic & local beers, & a refreshing array of non-alcoholic beverages. Alcohol delivery is available in Hollywood, Los Feliz & Larchmont Village for purchases of \$50.00 or more.

***Food Delivery available from 9am – 9pm. This requires a \$15.00 minimum purchase & incurs a \$3.00 delivery fee. We accept Cash, Visa, Mastercard & Discover.

MEANING

In Italian, Locali means “community.” We serve our community by providing convenient access to eco-friendly products, healthy prepared foods & delicious beverages from local and sustainable growers, artisans & suppliers.

MISSION

- To make sustainable lifestyle choices easy & fun to pursue through the convenience store model.
- To utilize ecologically sound building materials, energy efficient appliances, alternative sources of power & water conservation measures whenever possible in retail space.
- To ensure any meats or dairy served are organic when possible and from ranches that ensure natural feeds and humane conditions for animals.
- To sell food items and beverages which are organic, fair trade and locally produced when possible from environmentally conscious vendors.
- To encourage community involvement through in-store events and online social networking.
- To use biodegradable and/or reusable materials for packaging, utensils, & day-to-day business operations.
- To provide compost recycling for food waste & biodegradable disposable items.
- To offer reverse osmosis water access for customers to fill reusable bottles and thus reduce petroleum-based plastic bottle waste.
- To value our employees by creating a supportive work environment to facilitate professional growth & personal development.
- To dedicate a percentage of our profits and time to continued local and international philanthropy.
- To provide caring customer service and feed our patrons delicious and nutritious food that makes them smile.

To order for delivery or pick up – call 323-466-1360

Follow on Twitter @locali 4 daily specials.

CATERING AVAILABLE, TOO.

every bite will make your heart sing!!!

Locali loves you. ☺

Thank you dearly for your patronage!!!